

Welcome

Welcome to Bright Start Pediatric Services Nursery School Program. The goal of our nursery school program is to develop self-confident and independent learners through a whole-child, hands-on approach to learning. Each class is staffed by a certified teacher, as well as a teacher's assistant. Submerged in a language and literacy rich environment, each child at Bright Start will learn through active exploration and discovery. Through thematic units, children will be challenged and supported based on their individual development.

Enrollment

Open enrollment will begin the first week in March for the upcoming school year and is based on a first come, first serve basis. In cases where a class is full, the parent/guardian will be notified and will have the option of having their child added to a wait list. Once an opening is available, the family will be notified and will have three days to submit tuition and additional required paperwork. If tuition and paperwork is not received in this time frame, the child's spot will be waived, and the next child placed on the wait list will be offered placement.

School Schedule

Bright Start's Nursery School Program follows the Fairport Central School District schedule. If Fairport Central School District is closed, our preschool will also be closed. If there is a 1-2 hour delay, am preschool will be closed and pm class will meet as usual. Please listen to WHAM 1180 or watch Channel 13 for weather related cancellations.

Programs

Three-Year-Old Program

Monday/Tuesday/Thursday 8:30 am- 11:30 am

Four-Year-Old PreK Program

Monday/Wednesday/Friday 12:30 pm- 3:30 pm

OR

Monday-Friday 12:30pm-3:30 pm

Classes missed for illness or other reasons are not refundable. Please contact the preschool teacher to advise if your child will not be in attendance on a class day.

Pick Up/Drop Off Policy

The safety of our students is our first priority at Bright Start. Children will only be released to their parent/guardian at pick up unless otherwise specified in writing as authorized. If a parent/guardian wishes to have their child picked up by a different individual, a written permission must be given to preschool staff at drop off. Photo identification is required for anyone picking up a child other than their designated parent/guardian. If you or your child's caregiver requires assistance with pick up or drop off please contact the preschool director, Heather Withall at 694-5064 or hwithall@brightstart.biz prior to the first week of school. We are happy to assist you in any way we can.

Arrival and Dismissal Procedures

Our nursery school is designed to promote independence and encourage positive separation from parents and guardians. Our arrival and dismissal procedures help facilitate this philosophy. Please always use caution when dropping off and picking up your children as we have busy parking lots and many families entering the building. Drop off and dismissal will take place in the back of the building side entrance. Parents are to drop off their child at the back-side entrance door.

Student Dress

Please send your child to preschool in rubber soled shoes and play clothing. As we are committed to encouraging independence, creativity, and exploration- the children do tend to get messy! A clearly labelled change of clothing including socks should be provided in a Zip Loc bag to be left at school. If your child is potty training or not yet toilet trained, wipes, diapers/pull ups should also be sent in to store in our class bathroom. We love to play outside! We will be enjoying the playground area as much as possible as weather allows. Please dress your child for the weather, and as the winter months close in there will be designated "outdoor play" days as shared by our teachers. Remember to label all clothing items with your child's name.

Field Trips

Field trips are a part of our school's program and offer a fun learning experience. A parent/guardian, or otherwise specified adult is required to bring their child to the field trip and attend the event. Field trips will be scheduled during your child's school day.

Supplies

Each class is asked to contribute the following items to our classrooms. We go through lots of the following items and your contributions are appreciated!

4's Classes- Wipes & Hand Sanitizer

3's Classes- Tissues & Quart Sized Zip Loc Bags

Birthday Parties

Birthdays are a special time at our preschool! Your child's teacher will send home information in the beginning of the school year about birthdays.

Fire Safety

All staff are trained in fire prevention along with the appropriate interventions should a fire occur. Fire drills are held regularly and will be recorded in a log, documenting time, date, number of children and staff, and any additional comments as necessary.

Photography

A professional photographer will provide families with individual and class photos at an additional cost based on the photographer's fees. The fee and paperwork for the photographer are required to be completed before the photo session. School photos are optional. Additionally, throughout the year our teachers may take photos to be utilized as part of our classroom and/or promotional purposes. If you do not wish to have your child photographed, this can be indicated on our classroom photo release form.

Emergencies

We require that the Emergency Contact form, which includes a medical agreement, be signed and submitted prior to the beginning of the school year. This form authorizes Bright Start Pediatric Services Nursery School Program to obtain emergency care for your child should this become necessary. The form is kept on file for emergency use only. Parents must contact the school if any changes have occurred with respect to the information shared on the Emergency Contact form. In the event of injury or serious illness, parents will be notified immediately. If the staff determines that your child requires immediate medical attention, the decision to call 911 will be made.

Incidents/Accidents

Bright Start's Nursery School Program is equipped with a complete first aid kit. Our staff is certified in CPR. In the event of an accident, a staff member will administer first aid, complete an incident form and inform the parent/guardian upon pick up of their child or a phone call.

Snack Time

Bright Start Nursery School provides snack for each of its classes. Students may bring a spill proof water bottle (please label) filled with water to school each day. Students in all classes use open cups at snack time. If your child has a food allergy or allergies, you may send in a bin with a variety of snacks to keep for your child.

Food Allergies

Our preschool classes are peanut and tree nut free environment. We will not serve any snack that may contain or has been processed on equipment that processes peanuts or tree nuts or is made in a shared facility. We would ask that you not send any type of peanut, tree nut, or snack containing nut oils or flavoring in with your child.

Immunization Records and Physician Reports

In accordance with New York State Department of Health Regulation 418, all children are required to have a physical examination by their physician prior to attending school. The exam must be current, and immunizations must be up to date. A medical form must be signed by your physician. This information, as required by New York State law, must be submitted prior to the first day of school.

Illness Policy

Please keep your child home from school if you suspect that your child may be coming down with an illness or has experienced fever, diarrhea or vomiting within the past 24 hours. If your child is diagnosed with a highly contagious illness such as pink eye, lice, or strep, please inform your child's teacher so that we can alert our families to any potential medical concerns. To facilitate the decision-making process when your child is ill, please refer to the Exclusion from Preschool Chart below. The following information was derived from various New York State Child Care and Health Department Regulations, the U.S. Department of Health Center for Disease Control and the National Association for the Education of Your Children Model National Health and Safety Performance Guidelines for Out-of-Home Child Care Programs. Please refer to the COVID-19 Protocol for specific information regarding exclusion from class if your child presents with symptoms of COVID or has had a known exposure to COVID. If you have any questions, please always consult your child's physician and/or local health department. Exclusion and readmission criteria may vary.

Exclusion from Preschool Reference Chart

DISEASE	INCUBATION	RETURN TO SCHOOL
Bacterial Meningitis	Varies	Local Health Department Certificate
Chicken Pox	12-16 Days	7-10 days. Fading rash and all lesions are dry.
Common Cold	Varies	Please do not send your child to school if they are not feeling well enough to participate in daily activities or if they have yellow or green mucus.
Conjunctivitis (Pink Eye)	1-3 days	At least 24 hours after treatment begins, and secretions are clear.
Croup	Varies	24 hrs. after fever has returned to normal with no fever reducing medications, or if no fever is present, 3 days after onset.
Diarrhea (1 or more episode)		After 24 hours of being symptom free.
Fever (100 degrees or higher)		24 hours after fever has returned to normal without fever reducing medications.
Fifth Disease	4-15 days	Infectious prior preceded the rash, so no exclusion is needed
Hand, Foot, Mouth Disease	3-5 days	24 hours after being fever free without fever reducing medications.
Head Lice	1-2 weeks	When medication is completed and there is no evidence of lice or nits.
Impetigo	1-10 days	Under medication for 24 hours and no active lesions.
Influenza	Varies	Fever and symptom free for at least 24 hours.
Measles		Six days after onset of rash.
Mumps		Nine days after onset of swelling or until asymptomatic
Pneumonia		Physician advises return
Rubella		Seven days after onset of rash
Ring Worm	4-14 days	When under medical treatment for 5 days
Strep Throat	Varies	On antibiotics for at least 24 hours
Thrush	2-5 days	After medication has begun
Tuberculosis		After antibiotic treatment begins and physician advises return
Vomiting (1 or more episodes)		After at least 24 hours symptom free
Whooping Cough	5-10 days	When under medical treatment for 5 days

Daily Schedule

Routines are important in providing children with a comfortable and predictable environment.
The following is an example of your child's class routine.

9:00-9:10 12:30-12:40	Morning Class Arrival and Check-In
9:10-9:30 12:40-1:00	Choice Time

<p>9:30-10:00 1:00-1:30</p>	<p>Circle Time * Pledge of Allegiance * Daily Helper Assignment * Calendar Time * Today's Weather * Review of the day's schedule * Story- Related to Theme * Academic/Learning Activity</p>
<p>10:00- 10:45 1:30-2:15</p>	<p>Learning Centers * Academic Center (Literacy/Math) * Project- Related to Theme * Fine Motor/Gross Motor * Center Exploration</p>
<p>10:45- 11:15 2:15-2:45</p>	<p>Clean Up Snack/ Bathroom Reading Rug (Quiet time to look at books)</p>
<p>11:15- 11:40 2:45-3:10</p>	<p>Gross Motor Time * Gross Motor Activity * Playground/Gym</p>

Explanation of Schedule

Choice Time: Children will be presented with a variety of activities to allow for social interaction with peers, cooperative play opportunities, as well as explore and investigate the different centers within the classroom.

Circle Time: During circle time children will be introduced to the day's activities. These activities include calendar, weather, daily helper, theme related stories, learning activities, and the Pledge of Allegiance.

Learning Centers: During this time children will rotate between a variety of centers: Academic/ Learning center will focus on a particular concept (i.e. patterning, sequencing, numbers, spatial sense, sorting, letters, writing (fine motor) just to name a few.)

Project Center: Will be focused on making a project related to the theme of the week, focusing on following directions, gluing and cutting.

Gross Motor Center: Will allow the students to engage in a variety of gross motor activities such as scooters, obstacle courses, parachute play, and games.

Fine Motor/ Sensory Center: Will allow the students to engage in a variety of fine motor/sensory activities such as play dough, blocks, lacing/beading, and cutting as well as being introduced to a variety of sensory materials, i.e. shaving cream, finger painting, and sandpaper.

Music/Movement: The class will be exposed to a variety of music and musical instruments during this time along with dance and movement activities.